

| Monday                                                                           | Tuesday                                                                 | Wednesday                                                                | Thursday                                                                                                                                           | Friday                                                              |
|----------------------------------------------------------------------------------|-------------------------------------------------------------------------|--------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------|
|  | YOGA MOVEMENT 1<br><br>MUSIC WITH MARY<br><br>NORTH CAROLINA            | LET'S MOVE 2<br><br>OUTING: DOLLAR<br>STORE<br><br>WHAT JOB IS IT?       | YOGA MOVEMENT 3<br><br>OUTING: NATURE<br>CENTER<br><br>ART: APPLE ART                                                                              | MOVE THE BONES 4<br><br>BINGO BLAST<br><br>LABOR DAY<br>CELEBRATION |
| <b>HOLIDAY</b> 7                                                                 | YOGA MOVEMENT 8<br><br>MUSIC/BOB+TRICIA<br><br>SOUTH CAROLINA           | MOVE THE BONES 9<br><br>OUTING: LIBRARY<br><br>OFF THE BEATEN<br>PATH    | YOGA MOVEMENT 10<br><br>OUTING: FRANKS<br><br>ART: FRIENDSHIP<br>CARDS                                                                             | SIT N BE FIT 11<br><br>BINGO BONANZA<br><br>GRANDPARENTS<br>DAY     |
| SIT N BE FIT 14<br><br>SPIRITUAL<br>CONNECTION<br><br>MUSIC WITH JOEL            | YOGA MOVEMENT 15<br><br>MUSIC WITH MARY<br><br>MINNESOTA                | KICK N BE FIT 16<br><br>OUTING: GARDENS<br>BROOKSIDE<br><br>BIZARRE LAWS | YOGA MOVEMENT 17<br><br>OUTING: WALMART<br><br>SCIENCE: FALL<br>DENSITY & LIQUIDS                                                                  | LET'S MOVE 18<br><br>BINGO BLAST<br><br>WORLD OF DOGS               |
| LET'S MOVE 21<br><br>SPIRITUAL<br>CONNECTION<br><br>HEALTHY GREENS               | YOGA MOVEMENT 22<br><br>MUSIC/BOB+TRICIA<br><br>NEW MEXICO              | MOVE THE BONES 23<br><br>OUTING: LAKE AT<br>COLUMBIA<br><br>OLD PHONES   | YOGA MOVEMENT 24<br><br>OUTING: CENTER<br>BANNEKER SITE<br><br>ART: MOON DECOR                                                                     | KICK N BE FIT 25<br><br>BINGO BONANZA<br><br>VIVA LAS VEGAS         |
| KICK N BE FIT 28<br><br>SPIRITUAL<br>CONNECTION<br><br>NUTRITION- BEANS          | YOGA MOVEMENT 29<br><br>UNITED ARAB<br>EMIRATES<br><br>YOU BE THE JUDGE | SIT N BE FIT 30<br><br>OUTING: SAVAGE<br>MILLS<br><br>WHERE WERE YOU     |  <b>September<br/>2026</b><br>RK HIGHLIGHTS SUBJECT TO CHANGE |                                                                     |