

Monday

Tuesday

Wednesday

Thursday

Friday

**July 2026**  
**MARK HIGHLIGHTS** SUBJECT TO CHANGE

|                                    |                               |                                      |
|------------------------------------|-------------------------------|--------------------------------------|
| <b>KICK N BE FIT</b> 1             | <b>YOGA MOVEMENT</b> 2        | <b>HOLIDAY</b> 3                     |
| <b>OUTING: MUSEUM: CRYPTOLOGIC</b> | <b>OUTING: FARMERS MARKET</b> | <b>HAPPY 4<sup>TH</sup> OF JULY!</b> |
| 1776                               | 4 <sup>th</sup> OF JULY       |                                      |

|                             |                                 |                             |                                    |                         |
|-----------------------------|---------------------------------|-----------------------------|------------------------------------|-------------------------|
| <b>MOVE THE BONES</b> 6     | <b>YOGA MOVEMENT</b> 7          | <b>SIT N BE FIT</b> 8       | <b>YOGA MOVEMENT</b> 9             | <b>KICK N BE FIT</b> 10 |
| <b>SPIRITUAL CONNECTION</b> | <b>MUSIC WITH MARY</b>          | <b>OUTING: LAKE ELKHORN</b> | <b>OUTING: GARDENS BROOKSIDE</b>   | <b>BINGO BONANZA</b>    |
| <b>SLEEP HEALTH</b>         | <b>HAPPY BIRTHDAY DALI LAMA</b> | <b>BEN FRANKLIN</b>         | <b>ART: 250<sup>th</sup> DECOR</b> | <b>WHO AM I?</b>        |

|                             |                                   |                                      |                             |                        |
|-----------------------------|-----------------------------------|--------------------------------------|-----------------------------|------------------------|
| <b>SIT N BE FIT</b> 13      | <b>YOGA MOVEMENT</b> 14           | <b>LET'S MOVE</b> 15                 | <b>YOGA MOVEMENT</b> 16     | <b>SIT N BE FIT</b> 17 |
| <b>SPIRITUAL CONNECTION</b> | <b>MUSIC/BOB+TRICIA</b>           | <b>OUTING: NASA</b>                  | <b>OUTING: DOLLAR STORE</b> | <b>BINGO BLAST</b>     |
| <b>MUSIC WITH JOEL</b>      | <b>13 COLONIES: MASSACHUSETTS</b> | <b>HAPPY BIRTHDAY NELSON MANDELA</b> | <b>ART: CARDS</b>           | <b>UFO'S</b>           |

|                             |                                    |                             |                                    |                      |
|-----------------------------|------------------------------------|-----------------------------|------------------------------------|----------------------|
| <b>LET'S MOVE</b> 20        | <b>YOGA MOVEMENT</b> 21            | <b>MOVE THE BONES</b> 22    | <b>YOGA MOVEMENT</b> 23            | <b>FIT N FUN</b> 24  |
| <b>SPIRITUAL CONNECTION</b> | <b>MUSIC WITH MARY</b>             | <b>OUTING: SAVAGE MILLS</b> | <b>OUTING: MUSEUM RADIO AND TV</b> | <b>BINGO BONANZA</b> |
| <b>HIDDEN SUGAR</b>         | <b>13 COLONIES: SOUTH CAROLINA</b> | <b>BIKINI HISTORY</b>       | <b>ART: FRUIT DECOR</b>            | <b>AUSTRALIA</b>     |

|                             |                                  |                                |                                |                             |
|-----------------------------|----------------------------------|--------------------------------|--------------------------------|-----------------------------|
| <b>FIT N FUN</b> 27         | <b>YOGA MOVEMENT</b> 28          | <b>KICK N BE FIT</b> 29        | <b>YOGA MOVEMENT</b> 30        | <b>LET'S MOVE</b> 31        |
| <b>SPIRITUAL CONNECTION</b> | <b>MUSIC/BOB+TRICIA</b>          | <b>OUTING: MUSEUM: AFRICAN</b> | <b>OUTING: PARK CENTENNIAL</b> | <b>BINGO BLAST</b>          |
| <b>CASTOR OIL</b>           | <b>13 COLONIES: RHODE ISLAND</b> | <b>THURMOND MARSH.</b>         | <b>ART: SCIENCE</b>            | <b>WORLD OF BUTTERFLIES</b> |