

Monday

Tuesday

Wednesday

Thursday

Friday



May 2026

MM HIGHLIGHTS SUBJECT TO CHANGE

FIT N FAB 1

BINGO BONANZA

WOMEN'S WORK IS NEVER DONE.

MOVE THE BONES 4	YOGA MOVEMENT 5	MOVE THE BONES 6	YOGA MOVEMENT 7	MOVE THE BONES 8
SPIRITUAL CONNECTION	MUSIC WITH MARY	CELLO CONCERT	OUTING: WALMART	MOTHERS DAY PARTY
NUTRITION: SUGAR	HAWAII	OUTING: LAKE ELKHORN	ANIMAL TALK	ART: BUTTERFLY
FIT N FAB 11	YOGA MOVEMENT 12	LET'S MOVE 13	YOGA MOVEMENT 14	SIT N BE FIT 15
SPIRITUAL CONNECTION	MUSIC/BOB+TRICIA	CELLO CONCERT	OUTING: BANNEKER PARK	BINGO BONANZA
MUSIC WITH JOEL	CINCO DE MAYO	OUTING: GARDENS BROOKSIDE	NAME THAT TUNE	ART MAY CARDS
KICK N BE FIT 18	YOGA MOVEMENT 19	FIT N FAB 20	YOGA MOVEMENT 21	LET'S MOVE 22
SPIRITUAL CONNECTION	MUSIC WITH MARY	CELLO CONCERT	OUTING: FRANKS	BINGO BLAST
NUTRITION: SPICES	SENIOR CITIZENS DAY	OUTING: LIBRARY	ANIMALS OF THE SEA	MEMORIAL DAY PARTY
HAPPY MEMORIAL DAY 25	YOGA MOVEMENT 26	KICK N BE FIT 27	YOGA MOVEMENT 28	KICK N BE FIT 29
	MUSIC/BOB+TRICIA	CELLO CONCERT	OUTING: NASA	CELLO PERFORMANCE
	BALLOON BOP	OUTING: SAVAGE MILLS	BALL GAMES	DOOR DECOR